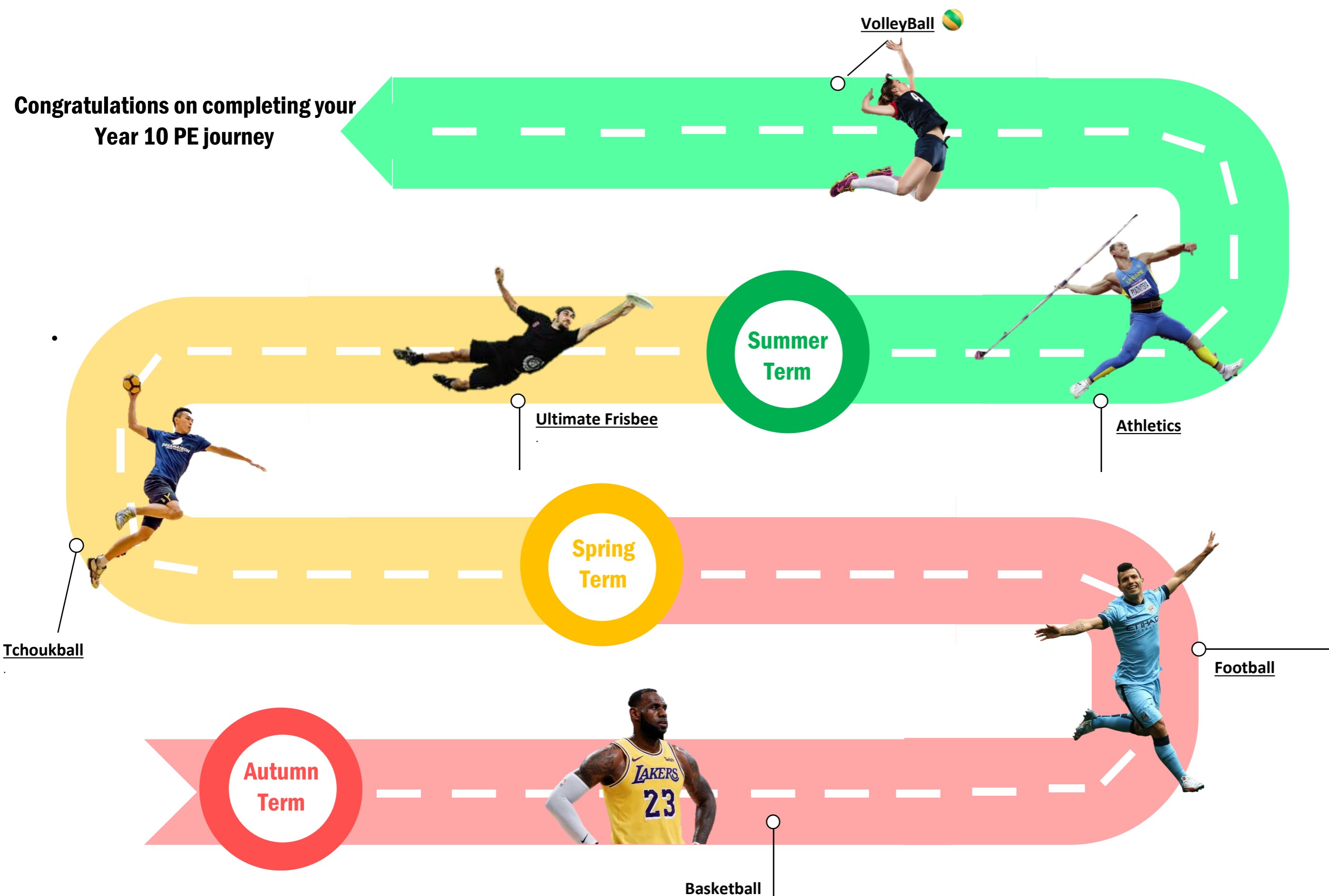




The Elmwood School Physical Education Journey

Year 10 – Embedding Complex Skills and Tactics In Physical Education

Congratulations on completing your Year 10 PE journey



Show Your Commitment

How many can you complete?

- Bring PE kit to all lessons
- Coach others to improve their own performance
- Engage in all PE lessons
- Take part in extra curricular sport

- Personal Excellence
- Respect & Friendship
- Inspiration
- Determination
- Equality

Interhouse and fixtures

- Sports Day
- Tennis
- Sports Relief
- Tchoukball
- Football SEMH League



Your Physical Education Journey starts here ...