

# Malaria



## Symptoms:

- Fever (high temperature and sweating profusely);
- vomiting and diarrhoea;
- muscle pains.

## How It Is Transmitted:

Mosquitoes are vectors and contain the protist. When the mosquito bites a human, they pass the protist into the bloodstream, and the person is then infected.

## Cause:

protist

## Treatment and Prevention:

Malaria is found in the tropical regions of over 100 countries. Preventing malaria is easier than treating malaria.

To prevent malaria:

- Use mosquito nets at night;
- apply insect repellent to skin;
- take malaria tablets (the type of tablet depends on the region you are travelling to). The correct dosage must be taken and the course completely finished.



If you have been infected with malaria, it is important medical advice is sought and anti-malarial medication will be prescribed by the doctors.