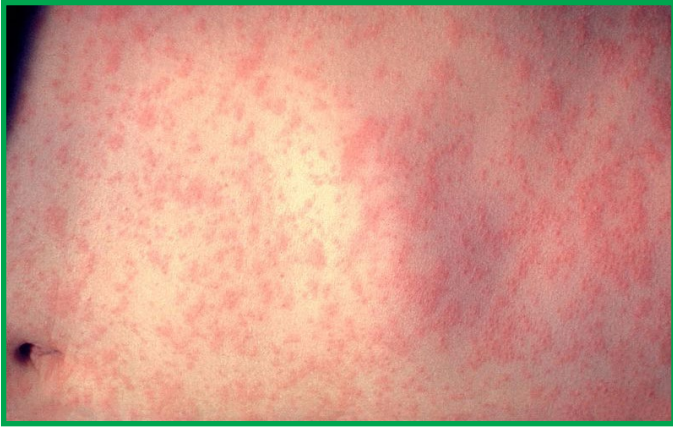


Measles



Cause:

virus

Symptoms:

- A red rash that spreads over the body;
- red sore eyes;
- high temperature.

How It Is Transmitted:

By tiny droplets of saliva when people cough or sneeze. The virus can live on surfaces for several hours and may affect anybody who comes in contact with them.

Treatment and Prevention:

The easiest way to prevent a person from catching measles is by having the MMR (measles, mumps and rubella) vaccine. The vaccine is given to a 12-month-old child, and a booster injection is given just before starting school.

If an individual catches measles, they will usually take ibuprofen (or a similar painkiller), be told to drink plenty of fluids, and not to go to school or work as it is highly contagious.