

## **Hardy Spicer 83 Judo Club - Kick-Off!**

We are excited to announce a re-launch of the Hardy Spicer 83 Judo Club.

Based in the GB Judo campus at University of Wolverhampton, Gorway Road, Walsall, WS1 3BD.

I was wondering if you could display this flyer in your school either on a noticeboard, in a sports hall or on your online website.

We are keen in getting the community involved in our Judo club to not only help with being a physical activity but also to help with socialising and mental health and most importantly to have fun.

If you would like further information, please do not hesitate to get in touch.

Thank you in advance

Fitzroy Davies

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# HARDY SPICER 83 JUDO CLUB

## TRY JUDO!

### SESSION TIMETABLE

#### MONDAYS

Junior Session  
Ages 5 - 15  
18:45 - 20:00

Senior Session  
Ages 16+  
20:00 - 21:30

#### THURSDAYS

Junior Session  
Ages 5 - 15  
18:45 - 20:00

Senior Session  
Ages 16+  
20:00 - 21:30

FOR MORE INFORMATION CONTACT US BY EMAIL AT  
[hardyspicer83@gmail.com](mailto:hardyspicer83@gmail.com)

### WHERE TO FIND US




British Judo  
Centre of Excellence  
Walsall Campus  
Gorway Road  
Walsall  
WS1 3BD



### WHY JUDO?

- HAVE FUN
- BUILD CONFIDENCE
- LEARN AND COMPETE
- SOCIALISE
- GET FIT
- SELF DEFENCE

### FOLLOW US FOR UPDATES & NEWS

 @hardyspicer83

 /HardySpicer83JudoClub